Sígueme Mis Amigos
Follow Me My Friends
La Poloma
The Dove

Soprano Metallophone

Bass Xylophone

SM

BX

SM

Fine

BX

Return to m. 3
Come and go with me mis amigos,
There is much to see and lots to do.
We will
2.

- Come and go with me mis amigos.
- There is much to see and lots to do.
- We will stop to eat some corn tortillas.
- Come my friends, come along and don’t delay,

O-le!
stop to eat some corn tortillas. Come my friends, Come a long and don't delay. O le!
Cual Es Su Nombre

Soprano Glockenspiel

Alto Xylophone

Conga Drums

Bass Xylophone

SG

AX

C. Dr.

BX
Come Now Mis Amigos Speech/Ostinato

Boyer

Come now mis a-mi-gos, You are so strong and well. Clap your hands and stamp your feet, while you're on the trail.

Snap

Clap

Pat

St.
Mi cuerpo, mi cuerpo, Hace música. Mi cuerpo, mi cuerpo, Hace música. Mis

Manos hacen cl cl cl, mis pies hacen st st st, Mi boca hace, "La la la" mi cuerpo hace, "cha, cha, cha."
YUM YUM YUM

Boyer

\[ \begin{align*}
\text{Yum, Yum, what do I see?} & \quad \text{Chocolate just for me!} \\
\end{align*} \]
Did You Know? – Mexico Gave Chocolate To The World

According to legend, humans learned to cultivate cacao and prepare xocóatl thanks to the ancient Toltec ruler-god Quetzalcoátl, who bestowed this heavenly treat on mankind after stealing it from the gods.

During Mexico's colonial era, the Bishop of Chiapas was forced to threaten parishioners with excommunication to keep them from drinking chocolate during the celebration of Mass.

The cacao tree, a small evergreen of the genus Theobroma (food of the gods), thrives in Mexico's wet tropical region.

The tree's fruits, when ripe, are 6-14 inch red pods containing a mass of pulp and 25-50 bitter white seeds that turn brown when exposed to the air.

A pound of cacao averages about 200 beans.
Yum, Yum, Yum

Catalan Christmas Carol/Spain
New Lyrics: Boyer

I can smell the chocolate, Yum, Yum, Yum!
smell it here and smell it there, I smell it ev’rywhere! I do

love my chocolate, I must have some chocolate Yum, Yum,
The Counting Song

Mexican Counting Song

V: Un- o, dos, y tres, cua- tro, cin-co seis, Sie- te, o- cho, nue- ve. Cho-co-la-te

Met: Un- o, dos, y tres, cua- tro, cin-co seis, Sie- te, o- cho, nue- ve. Cho-co-la-te

Mar: La la la la la, La la la la la, La la la la la! La la la la la, La la la la la, La la la la la la!
Let's Make Mole'

Let's make mole, nice and hot! Stir it in the cooking pot.

Add some choc'late, then some rice, Peanut butter, Very nice!

La la la la, La la la la la, La la la la la la la!

La la la la, La la la la la, La la la la la la la!
Garlic, Onions

Boyer

Garlic, onions cumin too! Lots of chilies, Ooh! Ooh! Ooh! Now you have some mole paste.

None of it will go to waste. Add the chicken just like so. When it's gone there ain't no mo'!
BATE BATE

Mexican Folk Song

Un - o, dos, tres, CHO! Un - o, dos, tres, CO!

**Stir, stir the chocolate, with rice and with tomatoes.

Un - o, dos, tres, LA! Un - o, dos, tres, TE!

Choc - o - la - te, Choc - o - la - te, Choc - o - la - te, O-le!

Gar - lic, on - ions cu - min too, Lots of chil - ies, Ooh! Ooh! Ooh!

Now put in some mo - le' paste, None of it will go to waste!

Add the chic - ken, just like so, When it's gone, There ain't no mo!'
BABY

Boyer

\[ \begin{align*}
\text{Baby's crying down below.} & \quad \text{She needs food before we go.} \\
\text{Take some rice and add some milk,} & \quad \text{Beat it 'til it's smooth as silk.}
\end{align*} \]
Arroz con Leche Recipe

• Ingredients
• 7 cups water
• 1 cup long-grain white rice
• 1 (4-inch) cinnamon stick
• 1 (12-ounce) can evaporated milk
• 1 (14-ounce) can condensed milk
• 1 cup whole milk
• 3/4 cup golden raisins
• Ground cinnamon, for dusting top.
Arroz Con Leche
Arroz con leche, Me quiero casar, Con una señorita de Portugal. Que separar,

ser, Que separar bordar, Que separar abrirla puerta, para jugar.
The Children

Formation: Students sit in a circle holding a rock, stone, bean bag etc. After picking the object up on the anacrusis, the students then places the object in front of the student on their right. Continue passing on the beat until the words "tri-ki, tri-ki" when they hold the object and move it right (not letting go), left, right left then finally passing it to their right on the word "tron".

The children sitting on the street are passing stones across their feet.

Stones of purple brown and gray, I wonder if they'd let us play.
Al Citron

Mexican Stone Passing Game

Al ci-tron de un fan-dan-go, san-go san-go sab-a-re, de la ron-del-la con su tri-ki, tri-ki tron.

Orchestration
The Sea

What lovely colors on the sea,
Hues of blues and greens.
A gift of beauty just for me.
Priceless and serene.
La Mar

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re

La mar estaba se re
Verse for the Sea

Boyer

We've had such fun along our way,

Much to see and do.

Now it's time to dance a while to a
tune, both old and new.
Mexican Hat Dance

Mexican Folk Song

\[ F \quad C7 \]

\[ F \]

\[ C7 \]